

Beginning Series Weekend Two

Four Worksheet Questions:

1. What are the indications for 33.12 Heart Gate?
2. What kind of active qi moving techniques would you use for each of the Heart Gate indications?
3. What is the purpose of 'curving' the needle when using the point 66.11 Fire Chrysanthemum (Hou Ju)?
4. Describe why the point 77.08 Four Flower Upper (Si Hua Shang) is effective for treating heart disease.