

Information & Demonstrations Included on 8 DVD set

Lectures

Introduction & History
Informing the Patient
Avoiding Blisters
Understanding the Buildup
of Toxins and the
Color from Cupping
General Cupping Practices
Kinds of Cups and Cupping
Bamboo Cupping
Running Cups
Expectations & Aftercare
Pain Thresholds
& History of Trauma
When to Avoid Cupping
Cupping or Gua Sha on
Children, Elderly and
Sensitive Patients
Cupping Yourself
Sterilization

Lectures—Cupping Patterns

Neck & Upper Back
Upper Back, Scapula & Toxin Points
Scapula and DT01 & 02
The Toxin Points
Flank
Lower Back, Sacrum & Hip
Deltoid & Shoulder Joint
Temporomandibular Joint & Jaw

Demonstrations

- Neck, Shoulder & Toxin Area
First & Second Example
- Gua Sha of the Neck
- Deltoid & Toxin Area
- GB21, Upper Toxin & Scalenes
- Seven Star Hammer of the
Toxin Area for Itching
- Overview of Cupping
Lower Back, Sacrum,
Coccyx, and Buttocks
- Cupping
Lower Back, Sacrum,
Coccyx, and Buttocks
- Lower Back and Hip
- Bamboo Cupping—Spine
- Flame Cupping—Flank
- Running Cups
- Jaw

Handouts computer only

- 10 Specific Cupping Patterns
- Full Color Patient Brochure
Explaining Cupping Process,
Coloring and Aftercare
- Content Selections List
for Lecture Movies

Susan Johnson, L.Ac. has been practicing and perfecting her cupping techniques since 1982. She teaches a one-day cupping course, with supervised practice, as a part of her Master Tung's Magic Points comprehensive class series. She maintains a private practice in Santa Cruz, California.



Photograph by Raven Lang

For more information on classes, books, DVDs, Susan Johnson, L.Ac. or the Acupuncture Association of America, visit tungspoints.com.

The Ancient Art of Cupping by Susan Johnson, L.Ac.



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Acupuncture
Association of
America Presents

The Ancient Art of Cupping

Lecture and
Demonstrations by
Susan Johnson, L.Ac.

8 DVD set features patterns, theory, tips & demonstrations

The ancient art of cupping is an extraordinary tool used by healers and lay people in many cultures. Cupping draws toxin buildup or muscle spasm out of the deeper tissues of the body, while simultaneously pulling in freshly oxygenated blood. In cases of blockage or stagnation, the proper use of cupping can reduce a patient's healing time by weeks and even months. This 8 DVD set provides very detailed instruction in the many uses of cupping techniques, including when, where, how and why we use cupping, as well as printable versions of ten different cupping patterns and a color brochure for patients. View close-up digital video cupping demonstrations and learn how to radically transform your practice.

