Information & Demonstrations Included on 8 DVD set

Lectures

Introduction & History Informing the Patient Avoiding Blisters Understanding the Buildup of Toxins and the Color from Cupping General Cupping Practices Kinds of Cups and Cupping Bamboo Cupping Running Cups Expectations & Afterc are Pain Thresholds & History of Trauma When to Avoid Cupping Cupping or Gua Sha on Children, Elderly and Sensitive Patients Cupping Yourself Sterilization

Lectures—Cupping Patterns Neck & Upper Back Upper Back, Scapula & Toxin Points Scapula and DTo1 & 02 The Toxin Points Flank Lower Back, Sacrum & Hip Deltoid & Shoulder Joint Temporomandibular Joint & Jaw

Demonstrations

- Neck, Shoulder & Toxin Area First & Second Example
- Gua Sha of the Neck
- Deltoid & Toxin Area
- GB21, Upper Toxin & Scalenes
- Seven Star Hammer of the Toxin Area for Itching
- Overview of Cupping Lower Back, Sacrum, Coccyx, and Buttocks
- Cupping Lower Back, Sacrum, Coccyx, and Buttocks
- Lower Back and Hip
- Bamboo Cupping—Spine
- Flame Cupping—Flank
- Running Cups
- Jaw

Handouts computer only

- 10 Specific Cupping Patterns
- Full Color Patient Brochure Explaining Cupping Process, Coloring and Aftercare
- Content Selections List for Lecture Movies

Susan Johnson, L.Ac. has been practicing and perfecting her cupping techniques since 1982. She teaches a one-day cupping course, with supervised practice, as a part of her Master Tung's Magic Points comprehensive class series. She maintains a private practice in Santa Cruz, California.

For more information on classes, books, DVDs, Susan Johnson, L.Ac. or the Acupuncture Association of America, visit tungspoints.com.





Acupuncture Association of America Presents The Ancient Art of Cupping

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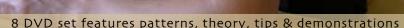
Cupping

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Johnson,

Lecture and Demonstrations by Susan Johnson, L.Ac.



The ancient art of cupping is an extraordinary tool used by healers and lay people in many cultures. Cupping draws toxin buildup or muscle spasm out of the deeper tissues of the body, while simultaneously pulling in freshly oxygenated blood. In cases of blockage or stagnation, the proper use of cupping can reduce a patient's healing time by weeks and even months. This 8 DVD set provides very detailed instruction in the many uses of cupping techniques, including when, where, how and why we use cupping, as well as printable versions of ten different cupping patterns and a color brochure for patients. View close-up digital video cupping demonstrations and learn how to radically transform your practice.



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